

STUDENTS

STUDENTS: If you are not born-again, please refer to the Salvation message at the beginning of your Course Commentary.

Be sure to read the commentary thoroughly at least twice.

Please write your name on each homework sheet, each quiz, each exam, and on any other work that you submit.

Be sure to check grammar, spelling and sentence structure on all work you submit. Grading is based on homework, quizzes, exams, grammar, spelling, attendance, participation, etc.

COURSE REQUIREMENTS

READ: { The Bible as pertaining to the course and look up the
{ Scriptures referred to in the commentary.
{ Commentary and text books if required for the course.

COMPLETE: { Homework, which can be done open note. Answers to homework
{ questions are found in the course commentary and/or Bible.
{ Quizzes and exams are to be done by closed notes.
{ Essay/term paper, if applicable, according to the
{ requirements of the study level of the student.

Homework I, Chp.I

Name _____

1. Which is a reason it can be difficult to counsel in a skilled, disciplined way?

- A. Similarity of Problems
- B. Needs Being So Great
- C. Counseling Techniques the Same
- D. None of the Above

2. Counseling is not mandated by Scripture.

True or False

3. Every Believer, including church leaders, share in the responsibility to counsel.

True or False

4. Believers are instructed not to bear burdens or be kind to those in need of help.

True or False

5. It is the duty of the Christian counselor to refer to the Scriptures for direction in every matter and situation.

True or False

6. Why do some not use the Scriptures in counseling?

- A. None that are professionally trained remain ignorant to the Word of God.
- B. Some may lack the experience in using the Word of God.
- C. No counselor relies on their own understanding.
- D. None of the above

7. There is speculation in the Word of God.

True or False

8. The Christian counselor understands that the root of many serious problems is sin.

True or False

9. It is not true that "Faith begins where the Will of God is known."

True False

List the things the counselor must consider before they can begin to use Scripture effectively.

10. _____

11. _____

12. _____

13. _____

14. _____

In review, list the contributions from Scripture in counseling.

15. _____

16. _____

17. _____

18. _____

19. _____

20. _____

21. _____

22. _____

Homework II, chp. II-III

Name _____

1. Counseling is an attempt to provide encouragement and guidance.

True or False

2. It should be a surprise to the counselor to hear the counselee say, "I'll never change."

True or False

3. Our present cannot be imprisoned by our past.

True or False

List the types of pastoral counseling.

4. _____

5. _____

6. _____

List what most Christian counselors use the authority of the Scriptures in:

7. _____

8. _____

9. _____

10. _____

11. _____

12. The Christian counselor, but not the secular counselor, seeks to change the behavior in their counsees.

True or False

List 4 questions that should be asked in every counseling situation:

13. _____

14. _____

15. _____

16. _____

List 4 characteristics of all counseling techniques.

17. _____

18. _____

19. _____

20. _____

21. It is the wisdom of God that makes the Christian counselor unique.

True or False

22. One need not be peaceable to be an effective counselor.

True or False

23. When we become a Christian, we are likely to gain a life of hypocrisy.

True or False

Homework III, Chp. IV-VI

Name _____

1. Though local groups of Believers can bring a sense of belonging to people, it is not therapeutic.

True or False

2. Many Christian counselors have turned to the insights of psychologists and other mental health professionals to increase the effectiveness of their counseling.

True or False

3. Psychology is a highly complex field of study, dealing with only human behavior.

True or False

4. The Bible claims to be a textbook on counseling.

True or False

What questions should counselors ask themselves to evaluate their motives for wanting to counsel.

5. _____

6. _____

7. _____

8. When a counselor is an authoritarian, they like to play the role of the problem-solver.

True or False

9. A counselor builds the trust of the counselee when he uses very personal information to satisfy his own needs.

True or False

10. It is possible for every Christian to be an effective counselor.

True or False

11. The counselor should avoid putting the counselee into a category too quickly, or making hasty evaluations.

True or False

12. Most people are looking for someone with an artificial look.

True or False

13. Jesus Christ is the real counselor.

True or False

14. There are no people who have mastered the art of controlling people to get what they want.

True or False

15. Counter transference takes place when the counselor's own need interferes with the therapeutic relationship with the counselee.

True or False

16. Resistance never takes place when people discover that it can take time to bring permanent help.

True or False

17. The counselor should provide structured sessions and avoid becoming defensive.

True or False

List 10 suggestions that will help the counselor to remain alert to potential problems:

- 18. _____

- 19. _____

- 20. _____

- 21. _____

- 22. _____

- 23. _____

- 24. _____

- 25. _____

- 26. _____

- 27. _____

28. Which option allows for the potential for sexual arousal and falling into immorality?

- A. The counselee is not seductive.
- B. There is no attraction to the counselee.
- C. The counselor is not having his emotional and sexual needs met.
- D. None of the above

29. Joshua was not instructed to meditate on the Word.

True or False

30. Prayer is good, but not essential in effective counseling.

True or False

31. Danger signals are only external.

True or False

Match the danger sign with the area:

- _____ 32. When the counselor continues thinking about the counselee, admiring his/her personality traits
- _____ 33. When the counselee is compared with the counselor's spouse
- _____ 34. When physical contact increases from a brief touch to more contact
- _____ 35. When the counselor finds excuses to be with or meet the counselee in a special place
- _____ 36. When the counselee complains about being lonely
- _____ 37. When the counselee begins to bring gifts
- _____ 38. Seductive behavior
- _____ 39. When sexual fantasies begin to arise in the counselor's thoughts
- _____ 40. The counselee showing a growing dependence on the counselor
- _____ 41. When the counselee frequently shows or expresses appreciation and praise for the counselor
- _____ 42. When the counselor shares his/her problems with the counselee
- A. External Danger Signs
- B. Internal Danger Signs

43. Setting clear limits will not help avoid sexual dangers.

True or False

44. It is important from the beginning to set the length of each scheduled session and maintain it.

True or False

List 5 suggestions for setting limits.

- 45. _____

- 46. _____

- 47. _____

- 48. _____

- 49. _____

50. There are no professional implications when a counselor enters into sexual intimacies with a counselee.

True or False

51. The unmarried daughter of a church elder reveals she is pregnant and intends to have an abortion. What do you do with this information?

52. As the counselee reveals more information, they will expect the counselor to guard the information with care.

True or False

53. It is okay to use case materials for illustrations, especially when the case is presently in progress.

True or False

54. It is good to reveal that an illustration comes from a counseling session.

True or False

55. There is no problem in touching a counselee unnecessarily.

True or False

56. Touching a counselee of the opposite sex is an area the counselor should be extremely careful of.

True or False

In review, list some potential areas of role confusion for the counselor:

57. _____

58. _____

59. _____

60. _____

61. _____

62. _____

63. _____

64. _____

Homework IV, Chp. VII -VIII

Name _____

1. The counseling process is never draining psychologically.

True or False

List the ways burnout be prevented:

2. _____

3. _____

4. _____

5. _____

6. _____

7. The most effective counselor is the one who is an available instrument, through whom the Holy Spirit works.

True or False

8. When displaying the attitude that "This person should have known better," we are in essence saying we are much wiser than the counselee.

True or False

9. Self-discipline plays no important role in life.

True or False

10. Causes of behavior can never be blamed on the person having a mean streak or a bad disposition.

True or False

11. Problems people have usually goes deeper than the actions.

True or False

12. We should guess at what is going on, rather than be concerned with a plan of rehabilitation.

True or False

13. Studies have shown that no behavior, emotional, or mental problems come from physiological disorders.

True or False

14. A counselor is to never refer the client to a specialist.

True or False

15. Giving good instruction is valuable, but most people do not respond to lectures.

True or False

16. The counselor must not condone the sin in which the counselee is involved, but they should condemn them.

True or False

17. Jesus took a strong stance against sin in John 8:11.

True or False

List the questions one must consider before setting goals:

18. _____

19. _____

20. _____

List 2 very important goals Jesus expressed for the lives of people:

21. _____

22. _____

Homework V, Chp. IX-XIV

Name _____

1. A therapeutic climate is where the counselee feels comfortable and there are very few distractions.

True or False

List 3 suggestions to build a good "therapeutic climate."

2. _____

3. _____

4. _____

5. There can be divided attention given to the counselee.

True or False

Match the method with the action that shows undivided attention.

____ 6. Eye Contact

____ 7. Posture

____ 8. Gestures

A. The counselor's posture should be a relaxed one

B. Natural but not excessive.

C. This conveys a concern and understanding

List 5 suggestions on being an effective listener:

9. _____

10. _____

11. _____

12. _____

13. _____

14. When questions are posed correctly, a wealth of information can come forth.

True or False

15. Confronting does not give the counselee an opportunity to realize the sin they may possess.

True or False

16. Interpretation is when the counselor explains to the counselee what his/her behavior or other situations will do to them.

True or False

17. Counseling is a lecture time, not a process.

True or False

18. Planning should involve discussions of goal setting and actions needed to accomplish each goal.

True or False

List the questions that the counselee should answer in planning:

19. _____

20. _____

21. _____

22. _____

23. _____

24. There is no point where the counselor and counselee have to back away from the problem-solving relationship.

True or False

25. Eclectic counseling is an approach that draws from various sources.

True or False

26. Though there may be different theories, when the Christian counselor enters into the counseling session, they must trust the Holy Spirit to do the counseling work through them.

True or False

27. No matter where counseling takes place,
the counselor is exempt from the law.

True or False

28. Counseling never goes past one on one.

True or False

List the suggestions to make counseling more
effective:

29. _____

30. _____

31. _____

List the areas to consider in community
counseling:

32. _____

33. _____

34. _____

35. _____

36. _____

37. _____

List the things not contradictory to Christian
counseling:

38. _____

39. _____

40. _____

41. _____

42. _____

43. _____

44. _____

45. _____

Homework VI, Chp. XV-XVIII

Name _____

1. Systems and social networks are beneficial in giving emotional support in many areas.

True or False

2. Becoming involved socially is designed to cause counselees to enter into a state of denial.

True or False

3. Proverbs 11:14 declares that there is safety in a multitude of counselors.

True or False

4. Many communities offer training in lay counseling.

True or False

5. Counseling should be limited to the counseling office.

True or False

List the duty of the importance of hearing:

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

List the results of hearing:

13. _____

14. _____

15. Many hear but do not understand.

True or False

16. None have turned ears away from the truth and followed fables in our day.

True or False

17. Homework assignments are designed to lead the counselee into self-discipline, but not problem solving.

True or False

Mix or match:

_____ 18. A brief biography

_____ 19. A list of goals

_____ 20. A list of likes and dislikes

_____ 21. Give compliments not complaints

_____ 22. Respond to change

_____ 23. Saying "Thank You" as a response

_____ 24. Keep a daily diary

_____ 25. Reading the Bible for a set time

_____ 26. Record success and failures

_____ 27. Attending a church service

_____ 28. Spend time playing with one's children

A. Writing Assignments

B. Record of Behavior

29. The environment never leads to stressful situations.

True or False

30. Some noises can be disruptive and produce stress.

True or False

31. The way a room is decorated and shaped with the style and arrangement of the furniture has no affect of us psychologically.

True or False

List the environmental states that can bring an affect into the counseling office.

32. _____

33. _____

Homework VII, Chp. XIX-XXII

Name _____

1. Being in a counseling group never gives hope and an optimistic outlook to the participants.

True or False

2. It is uncommon for community counselors to feel that we cannot really help the people without being aware of, and dealing with, community issues.

True or False

3. As a Christian counselor, it is important to remember that there will be opposition to the counseling process.

True or False

Match the Scripture with the principle on being prepared for warfare:

____ 4. Be clothed with the Armor of God.

____ 5. Do not allow the enemy any advantages.

____ 6. Do not give the enemy any position of opportunity.

____ 7. Do not be ignorant to the enemy's devices.

A. 2 Corinthians 2:11

B. Ephesians 6:13-17

C. Ephesians 4:27

8. Crisis is defined by _____ and _____.

9. From Genesis to Revelation, the Scriptures deal with 1 crisis after another.

True or False

List 3 major categories of crisis:

10. _____

11. _____

12. _____

13. It is important to realize that everyone can be treated in the same way.

True or False

14. The counselor needs to keep in mind that he/she must be flexible.

True or False

List the ways that the flexible counselor can help intervene:

15. _____

16. _____

17. _____

18. _____

19. The network of help in the time of crisis includes help from _____,

_____, _____, _____,

_____, _____, _____

_____.

20. The kinds of help available in a time of crisis include _____,

_____, _____, _____,

_____, _____.

List the additional resources available in almost every community:

21. _____

22. _____

23. _____

24. _____

25. _____

26. The counselee must have pressure put upon them to make some decisions without dependence on the counselor.

True or False

The counselor can encourage action on the part of the counselee by:

27. _____

28. _____

29. _____

30. _____

31. The least hope that can be given is direction from the Scriptures.

True or False

32. As a counselor, we may find it necessary to give referrals.

True or False

33. Since a counselor should have ability to counsel in all areas, they should feel guilty if they are not able to help in a particular area.

True or False

List the 3 main debates about the causes of personal problems:

34. _____

35. _____

36. _____

Match the term with the phrase:

_____ 37. Physiology

_____ 38. Theology

_____ 39. Demonology

A. Direct result of sin

B. Spiritual warfare

C. Chemical imbalances, glandular malfunctioning, or genetic influences

Match the area of counseling with the explanation:

_____ 40. Remedial

_____ 41. Preventive

_____ 42. Educative

A. Deals with existing problems in everyday life

B. Teaching different principles of mental health

C. Measures to stop reoccurrence of a problem

In review, match the developmental crisis and its explanation:

_____ 43. Starting School

_____ 44. Going Away

_____ 45. Getting Married

_____ 46. Becoming a Parent

_____ 47. Facing Criticism

_____ 48. Facing Retirement

_____ 49. Declining Health

A. Feel as if they have lost their usefulness

B. One crisis after another with children

C. Classroom of strangers faced for first time

D. Moving out on your own

E. No longer able to do things physically

F. "You could have done it better."

G. Adjustments with new living arrangements

Quiz 1, Homework I-II

Name _____

1. Counseling is not mandated by Scripture.

True or False

2. Every Believer, including church leaders, shares in the responsibility to help.

True or False

3. Why do some not use the Scriptures in counseling?

A. None that are professionally trained remain ignorant to the Word of God.

B. Some may lack experience in using the Word of God.

C. No counselor relies on his or her own understanding.

D. None of the above

4. There is speculation in the Word of God.

True or False

5. It is not true that "Faith begins where the will of God is known."

True or False

6. Learning the Word is included in the list of things the counselor must consider before they can begin to use Scripture effectively.

True or False

7. Discernment and guidance are contributions from Scripture in counseling.

True or False

8. Counseling is an attempt to provide encouragement and guidance.

True or False

9. It should be a surprise to the counselor to hear the counselee say, "I'll never change."

True or False

10. Our present can be imprisoned by our past.

True or False

11. Psychotherapy is not on the list of types of pastoral counseling.

True or False

12. The questions that should be asked in every counseling situation includes

"Why have you not done anything about this problem?"

True or False

13. It is the wisdom of God that makes the Christian counselor unique.

True or False

Match the phrase with the term:

____ 14. Attributes of God

____ 15. Hope for the future

____ 16. Help counsees to accept themselves as persons of worth

____ 17. Seek to arouse the belief that help is possible

____ 18. Forgiveness God extended

____ 19. Correct erroneous beliefs about the world

____ 20. Nature of human beings

____ 21. Reality of Sin

____ 22. Develop competence in social living

A. Christian counselor's use of the authority of the Scriptures

B. Characteristics of all counseling techniques

Quiz 2, Homework III

Name _____

1. Many Christian counselors have turned to the insights of psychologists and other mental health professionals to increase the effectiveness of their counseling.

True or False

2. The Bible claims to be a textbook on counseling.

True or False

3. "Is counseling fulfilling to me personally?" is a question a counselor should ask themselves to evaluate their motives for wanting to counsel.

True or False

4. A counselor undermines the trust of the counselee when he uses very personal information to satisfy his own needs.

True or False

5. It is possible for every Christian to be an effective counselor.

True or False

6. Most people are looking for someone with an artificial look.

True or False

7. There are people who have mastered the art of controlling people to get what they want.

True or False

8. Counter transference takes place when the counselor's own need interferes with the therapeutic relationship with the counselee.

True or False

9. Resistance never takes place when people discover that it can take time to bring permanent help.

True or False

10. Which option does not allow for the potential for sexual arousal and falling into immorality?

- A. The counselee is not seductive.
- B. An attraction to the counselee
- C. The counselor is not having his emotional and sexual needs met.
- D. None of the above

11. Danger signals are only external.

True or False

Match the danger sign with the area:

____ 12. When the counselor continually thinks about the counselee, admiring his/her personality traits

____ 13. When the counselee is compared with the counselor's spouse

____ 14. When physical contact increases from a brief touch to more contact

____ 15. When the counselor finds excuses to be with or meet the counselee in a special place

____ 16. When the counselee complains about being lonely

____ 17. When the counselee begins to bring gifts

____ 18. Seductive behavior

____ 19. When sexual fantasies begin to arise in the counselor's thoughts

____ 20. The counselee showing a growing dependence on the counselor

____ 21. When the counselee frequently shows or expresses appreciation and praise for the counselor

____ 22. When the counselor shares their problems with the counselee

A. External Danger Signs

B. Internal Danger Signs

23. Setting clear limits will not help avoid sexual dangers.

True or False

Match the phrase with the term:

___ 24. Unscheduled telephone conversations

___ 25. Thinking this is the worst (or best) person ever counseled

___ 26. Being judgmental

___ 27. Being directive instead of interpretive

___ 28. Reason for counselee or self-wanting more or less time in each session

___ 29. Showing disrespect when a sympathetic approach is needed

___ 30. Being too emotionally involved instead of being objective

___ 31. Tending to overreact when the counselee makes certain statements

___ 32. Seated in a way that does not encourage wandering eyes

___ 33. Being impatient instead of realistic

___ 34. Feel bored with this counselee

___ 35. Why always agreeing or disagreeing with counselee

___ 36. Meeting place not conducive to sexual arousal

___ 37. Being artificial instead of authentic

___ 38. Wanting sessions to end prematurely

___ 39. Wanting counseling session to continue too long

___ 40. Discouraging lengthy details about sexual topics

___ 41. Feeling sympathetic for the person

___ 42. Visiting in stead of counseling

___ 43. Hurrying the counseling process

___ 44. Avoiding unnecessary physical contact

___ 45. Thinking about counselee frequently between sessions

A. Suggestions for setting limits

B. Suggestions that alert to potential problems

C. Potential areas of role confusion for the counselor

46. There are no professional Implications when a counselor enters into sexual intimacies with a counselee.

True or False

47. It is good to reveal that an illustration comes from a counseling session.

True or False

48. There is no problem in touching a counselee unnecessarily.

True or False

49. Touching a counselee of the opposite sex is an area the counselor should be extremely careful of.

True or False

Quiz 3, Homework IV-V

Name _____

1. The counseling process is never draining psychologically.

True or False

2. Support from others is a way for burnout to be prevented

True or False

3. The most effective counselor is the one who is an available instrument, through whom the Holy Spirit works.

True or False

4. Self-discipline plays no important role in life.

True or False

5. We should guess at what is going on, rather than be concerned with a plan of rehabilitation.

True or False

6. The responsibility of the counselor is to never refer the client to a specialist.

True or False

7. Jesus took a strong stance against sin in John 8:11.

True or False

8. Eternal life and an abundant life are 2 very important goals Jesus expressed for the lives of people.

True or False

9. The term "self-actualization" involves helping the individual learn to achieve their potential.

True or False

10. The heart of Christian counseling is to help people recognize and deal with physical needs while reaching spiritual wholeness.

True or False

List 3 suggestions to build a good "therapeutic climate."

11. _____

12. _____

13. _____

Match the method with the action that shows undivided attention.

____ 14. Eye Contact

____ 15. Posture

____ 16. Gestures

A. The counselor's posture should be a relaxed one

B. Natural but not excessive

C. This conveys a concern and understanding

17. Being an effective listener does not include noticing or hearing what the counselee does not say.

True or False

18. When questions are posed correctly, a wealth of information can come forth.

True or False

19. Confronting does not give the counselee an opportunity to realize the sin they may possess.

True or False

20. Interpretation is when the counselor explains to the counselee what his/her behavior or other situations will do to them.

True or False

21. Planning should involve discussions of goal setting and actions needed to accomplish each goal.

True or False

22. "Can I do something to make things better?" is not a question that the counselee should answer in planning.

True or False

23. Eclectic counseling is an approach that draws from one source.

True or False

24. Counseling never goes past one on one.
True or False

25. Counseling cannot be made more effective by bringing in family members to the session.
True or False

26. Care for the needy and supporting the weak is contradictory to Christian counseling
True or False

Quiz 4, Homework VI-VII

Name _____

1. Proverbs 11:14 declares that there is safety in a multitude of counselors.

True or False

2. Many communities offer training in lay counseling.

True or False

3. The results of hearing include being blessed, and receiving everlasting life.

True or False

4. Homework assignments are designed to lead the counselee into self-discipline, but not problem solving.

True or False

Mix or match:

_____ 5. A brief biography

_____ 6. A list of goals

_____ 7. A list of likes and dislikes

_____ 8. Give compliments in place of complaints

_____ 9. Respond to change

_____ 10. Saying "Thank You" as a response

_____ 11. Keep a daily diary

_____ 12. Reading the Bible for a set time

_____ 13. Record success and failures

_____ 14. Attending a church service

_____ 15. Spend time playing with one's children

A. Writing Assignments

B. Record of Behavior

16. The environment never leads to stressful situations.

True or False

17. Being in a counseling group can give hope and an optimistic outlook to the participants.

True or False

Match the Scripture with the principle on being prepared for warfare:

_____ 18. Be clothed with the Armor of God.

_____ 19. Do not allow the enemy any advantages.

_____ 20. Do not give the enemy any position of opportunity.

_____ 21. Do not be ignorant to the enemy's devices.

A. 2 Corinthians 2:11

B. Ephesians 6:13-17

C. Ephesians 4:27

22. It is important to realize that everyone can be treated in the same way.

True or False

Match the phrase with the meaning:

_____ 23. Make contact

_____ 24. Accidental or situational

_____ 25. Developmental crisis

_____ 26. Work to reduce anxiety

_____ 27. Focus on facts that are known

_____ 28. Existential Crisis

_____ 29. Evaluate Available Resources

A. Major categories of crisis

B. Ways a flexible counselor can intervene

30. The counselee must not have pressure put upon them to make some decisions without dependence on the counselor.

True or False

31. The least hope that can be given is direction in the Scriptures.

True or False

List 3 main debates about the causes of personal problems:

32. _____

33. _____

34. _____

Match the area of counseling with the explanation:

____ 35. Remedial

____ 36. Preventive

____ 37. Educative

A. Deal with problems in everyday life

B. Teaching different principles of mental health

C. Measures to stop reoccurrence of a problem

Midterm Exam, Homework I-III

Name _____

1. Counseling is not mandated by Scripture.

True or False

2. It is the duty of the Christian counselor to refer to the Scriptures for directions in every matter and situation.

True or False

3. Why do some not use the Scriptures in counseling?

A. None that are professionally trained remain ignorant to the Word of God.

B. Some may lack the experience in using the Word of God.

C. No counselor relies on his or her own understanding.

D. All of the above

4. There is no speculation in the Word of God.

True or False

Match the principle with the phrase:

____ 5. Brings conviction of sin

____ 6. Brings the message of salvation

____ 7. Obedience to the Word

____ 8. Produces faith

____ 9. Cleanses

____ 10. Learn the Word

____ 11. Gives guidance

____ 12. Offers discernment

____ 13. Must be believed

____ 14. Appropriate the Word of God

____ 15. Produces knowledge

____ 16. Let the Word mature them

____ 17. Offers protection against sin

A. Use Scripture effectively

B. Contributions from Scripture in counseling

18. Counseling is an attempt to provide encouragement and guidance.

True or False

List the types of pastoral counseling.

19. _____

20. _____

21. _____

22. Both the Christian counselor and the secular counselor seek to change the behavior in their counselees.

True or False

Match the phrase with the term:

____ 23. What is the problem?

____ 24. Someone better qualified in this situation

____ 25. Arouse the belief that help is possible

____ 26. Correct erroneous beliefs about the world

____ 27. What can be done to help?

____ 28. Develop competence in social living

____ 29. Should I intervene?

____ 30. Help counselees accept themselves as persons of worth

A. Question that should be asked in every counseling situation

B. Characteristic of all counseling techniques

31. Mercy is critical and overbearing.

True or False

32. When we become a Christian, we are likely to gain a life of hypocrisy.

True or False

33. Though local groups of believers can bring a sense of belonging to people, it is not therapeutic.

True or False

34. The Bible claims to be a textbook on counseling.

True or False

35. When a counselor is an authoritarian, they like to play the role of the problem-solver.

True or False

36. A counselor builds the trust of the counselee when he uses very personal information to satisfy his own needs.

True or False

37. It is possible for every Christian to be an effective counselor.

True or False

38. Jesus Christ is the real counselor.

True or False

39. There are no people who have mastered the art of controlling people to get what they want.

True or False

40. The counselor should provide structured sessions and avoid becoming defensive.

True or False

41. Which option allows for the potential for sexual arousal and falling into immorality?

- A. The counselee is not seductive.
- B. There is no attraction to the counselee.
- C. The counselor is not having his emotional and sexual needs met.
- D. None of the above

42. Joshua was not instructed to meditate on the Word.

True or False

Match the danger sign with the area:

___ 43. When the counselor continues thinking about the counselee, admiring his/her personality traits

___ 44. When the counselee is compared with the counselor's spouse

___ 45. When physical contact increases from a brief touch to more contact

___ 46. When the counselor finds excuses to be with or meet the counselee in a special place

___ 47. When the counselee complains about being lonely

___ 48. When the counselee begins to bring gifts

___ 49. Seductive behavior

___ 50. When sexual fantasies begin to arise in the counselor's thoughts

___ 51. The counselee showing a growing dependence on the counselor

___ 52. When the counselee frequently shows or expresses appreciation and praise for the counselor

___ 53. When the counselor shares their problems with the counselee

A. External Danger Signs

B. Internal Danger Signs

54. As the counselee reveals more information, they will expect the counselor to guard the information with care.

True or False

55. It is good to reveal that an illustration comes from a counseling session.

True or False

Match the phrase with the understanding:

___ 56. Avoid lengthy details concerning sexual topics

___ 57. Visiting instead of counseling

___ 58. Hurrying the counseling process

___ 59. Showing disrespect when a sympathetic approach is needed

___ 60. No unscheduled telephone conversations

___ 61. No unnecessary physical contact

___ 62. Being judgmental

___ 63. Seated so as to not encourage wandering eyes

___ 64. Directive instead of interpretive

___ 65. Emotionally involved instead of objective

___ 66. Impatient

___ 67. Meeting place not conducive to sexual arousal

___ 68. Being artificial

A. Five suggestions for setting limits

B. Some potential areas of role confusion for the counselor

Final Exam, Homework IV-VII

Name _____

1. The most effective counselor is the one who is an available instrument, through whom the Holy Spirit works.

True or False

2. When displaying the attitude that "This person should have known better," we are in essence saying we are much wiser than the counselee.

True or False

3. Self-discipline plays no important role in life.

True or False

4. Causes of behavior can never be blamed on the person having a mean streak or a bad disposition.

True or False

5. Problems people have usually goes deeper than the actions.

True or False

6. We should guess at what is going on, rather than be concerned with a plan of rehabilitation.

True or False

7. Studies have shown that no behavior, emotional, and mental problems come from physiological disorders.

True or False

8. The responsibility of the counselor may be to refer the client to a specialist.

True or False

9. Giving good instruction is valuable, but most people do not respond to lectures.

True False

10. The counselor must not condone the sin in which the counselee is involved, but they should condemn them.

True or False

11. Jesus took a strong stance against sin in John 8:11.

True or False

12. Why people come for counseling is not a question one must consider before setting goals.

True or False

13. The term "self-actualization" involves helping the individual learn to achieve their potential.

True or False

14. The heart of Christian counseling is to help people recognize and deal with physical needs while reaching spiritual wholeness.

True or False

15. A therapeutic climate is where the counselee feels comfortable and there are very few distractions.

True or False

List three suggestions to build a good "therapeutic climate."

16. _____

17. _____

18. _____

19. There can be divided attention given to the counselee.

True or False

Match the method with the action that shows undivided attention:

____ 20. Eye Contact

____ 21. Posture

____ 22. Gestures

A. The counselor's posture should be a relaxed one

B. Natural but not excessive.

C. This conveys a concern and understanding

23. When questions are posed correctly, a wealth of information can come forth.

True or False

24. Confronting does not give the counselee an opportunity to realize the sin they may possess.

True or False

25. Interpretation is when the counselor explains to the counselee what his/her behavior or other situations will do to them.

True or False

26. Counseling is a lecture time, not a process.

True or False

27. Planning should involve discussions of goal setting and actions needed to accomplish each goal.

True or False

28. There is no point where the counselor and counselee have to back away from the problem-solving relationship.

True or False

29. Eclectic counseling is an approach that draws from various sources.

True or False

30. Though there may be different theories, when the Christian counselor enters into the counseling session, they must trust the Holy Spirit to do the counseling work through them.

True or False

31. No matter where counseling takes place, the counselor is exempt from the law.

True or False

32. Counseling never goes past one on one.

True or False

Match the phrase with the terms:

___ 33. Forgive those who repent

___ 34. Equipping lay people

___ 35. One on one in private

___ 36. Getting help from others

___ 37. Heal the brokenhearted

___ 38. Problem prevention

___ 39. Changing the community

___ 40. Bring in family members

___ 41. Do well to all people

___ 42. Do I need to change my attitude and outlook on life?

___ 43. Comfort those in sorrow

___ 44. What must I do to change?

___ 45. Welcome strangers

___ 46. Can I do something to make things better?

___ 47. People from the community

___ 48. Support the weak

___ 49. Evangelize and point people to Jesus

___ 50. How can I accept the things that I cannot change?

___ 51. Teaching social skills

___ 52. Building social support

___ 53. Do I have unconfessed sins in my life?

___ 54. Care for the needy

A. Making counseling more effective

B. Area to consider in community counseling

C. Questions to answer in planning

D. Things not contradictory to Christian counseling

55. Systems and social networks are beneficial in giving emotional support in many areas.

True or False

56. Many communities offer training in lay counseling.

True or False

57. Counseling should be limited to the counseling office.

True or False

58. Many hear but do not understand.

True or False

59. None have turned ears away from the truth and followed fables in our day.

True or False

60. Homework assignments are designed to lead the counselee into self-discipline and problem solving.

True or False

Mix or match:

- ___ 61. A brief biography
- ___ 62. A list of goals
- ___ 63. A list of likes and dislikes
- ___ 64. Give compliments in place of complaints
- ___ 65. Respond to change
- ___ 66. Saying "Thank You" as a response
- ___ 67. Keep a daily diary
- ___ 68. Reading the Bible for a set time
- ___ 69. Record success and failures
- ___ 70. Attending a church service
- ___ 71. Spend time playing with one's children

- A. Writing Assignments
- B. Record of Behavior

72. The environment never leads to stressful situations.

True or False

73. Some noises can be disruptive and produce stress.

True or False

74. Being in a counseling group never gives hope or an optimistic outlook to the participants.

True or False

75. It is uncommon for community counselors to feel that we cannot really help the people without being aware of, and dealing with, community issues.

True or False

76. As a Christian counselor, it is important to remember that there will be opposition to the counseling process.

True or False

Match the Scripture with the principle on being prepared for warfare:

- ___ 77. Be clothed with the Armor of God.
 - ___ 78. Do not allow the enemy any advantages.
 - ___ 79. Do not give the enemy any position of opportunity.
 - ___ 80. Do not be ignorant to the enemy's devices.
- A. 2 Corinthians 2:11
 - B. Ephesians 6:13-17
 - C. Ephesians 4:27

81. From Genesis to Revelation, the Scriptures deal with 1 crisis after another.

True or False

82. It is important to realize that everyone can be treated in the same way.

True or False

83. The counselor needs to keep in mind that he/she must be flexible.

True or False

List the ways that the flexible counselor can help intervene:

- 84. _____
- 85. _____
- 86. _____
- 87. _____

88. The network of help in the time of crisis includes help from _____,

_____, _____, _____, _____, _____.

89. The counselee must have pressure put upon them to make some decisions without dependence on the counselor.

True or False

90. The least hope that can be given is direction in the Scriptures.

True or False

91. As a counselor, we may find it necessary to give referrals.

True or False

92. Since a counselor should have ability to counsel in all areas, they should feel guilty if they are not able to help in a particular area.

True or False

Match the term with the phrase:

____ 93. Physiology

____ 94. Theology

____ 95. Demonology

A. Direct result of sin

B. Spiritual warfare.

C. Chemical imbalances, glandular malfunctioning, or genetic influences.

Match the area of counseling with the explanation:

____ 96. Remedial

____ 97. Preventive

____ 98. Educative

A. Deals with existing problems in everyday life

B. Teaching different principles of mental health

C. Measures to stop reoccurrence of a problem

In review, match the developmental crisis and its explanation:

____ 99. Starting school

____ 100. Going away

____ 101. Getting married

____ 102. Becoming a parent

____ 103. Facing criticism

____ 104. Facing retirement

____ 105. Declining health

A. Feel as if they have lost their usefulness

B. One crisis after another with children

C. Classroom of strangers faced for first time

D. Moving out on your own

E. No longer able to do things physically

F. "You could have done it better."

G. Adjustments with new living arrangements

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To: All Students
Subject: Course requirements
From: Dean's Office

Every course offered by International College of Bible Theology requires the following work: all homework, quizzes, and exams included with the Commentary must be completed and turned in at any level of education. Term papers and a reading log must be turned in before the final exam. Textbooks assigned to each course must be read. If audio tapes are included in a course, they must be listened to and notes taken and turned in.

TERM PAPERS: One term paper for each course. This paper must be on the course subject. For example: if you are studying prayer, do not write on love. The following chart contains how many pages are expected at each level of schooling.

<u>Freshman to Associate:</u>	A minimum of 4 pages and a maximum of 6 pages
<u>Associate to Bachelor:</u>	A minimum of 6 pages and a maximum of 8 pages
<u>Bachelor to Master:</u>	A minimum of 8 pages and a maximum of 12 pages
<u>Master to Doctorate:</u>	A minimum of 12 pages and a maximum of 20 pages

Do not write less than the minimum or more than the maximum pages required!

OUTSIDE READING: Reading must pertain to the course subject and must be from two or more sources. For example: if you are studying prayer, you may read on intercessory prayer or Christ's prayers. This reading includes books or other materials, other than your syllabus and the Bible or textbook included with the syllabus. (Hint: use the outside reading as reference material for your term paper).

<u>Freshman to Associate:</u>	A minimum of 2 sources	300 pages
<u>Associate to Bachelor:</u>	A minimum of 3 sources	450 pages
<u>Bachelor to Master:</u>	A minimum of 4 sources	600 pages
<u>Master to Doctorate:</u>	A minimum of 5 sources	750 pages

A reading log, which is found in the back of the Homework, must be kept and turned in by the day of your final exam.

Term Paper Requirements

Each term paper that is turned in must follow the following criteria.

1. *A **cover sheet** with the following information*
 - a. *Name of Course*
 - b. *Course Number*
 - c. *Student's Name*
 - d. *Title of Term Paper*
 - e. *Instructor's Name*
2. *Every **Term Paper** must have one (1) inch margins on all four (4) sides*
3. *The body of the **Term Paper** must be in **Times New Roman** or **Arial** font no larger than a 12 point.*
4. *Every **Term Paper** must be in a folder when it is turned in to the instructor.*
5. *The **Term Paper** is not to be filled with written Scripture. You can refer to Chapter and verse and/or use part of a verse to begin your topic. However, a term paper filled with scriptures will not be accepted.*
6. *Every **Term Paper** must include a **Works Cited Page** in the back of the work.*
7. *No grade will be given without the required term paper being submitted **Before the Final Exam***

Any question that you have about the term paper requirements should be discussed with your instructor at the beginning of the course. You will have 13 weeks to do all required reading and write a term paper for each course. It is important that you understand the requirements from the beginning so that you will have ample time to complete your assignments.

ICBT desires to offer education with integrity. ICBT does not defer from these requirements for any level of education. We cannot permit any student to do less than the required work. There are no exceptions! Students who desire a college education must be willing to do college level work. The 'higher level of degree, the higher level of work is required. Please be aware of this fact before you enroll in a higher level education program.

Tutoring or mentoring costs are not part of ICBT fees and are not initiated by the ICBT staff. Such help is up to an individual student. Correspondent students must be self-motivated and self-starting. Any tutoring cost, in which a correspondent student incurs, is that which he/she will initiate with a third-party, totally separate from ICBT. These are costs not related to ICBTI

"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."
Romans 12:2

Reading Log for ICBT outside Reading Requirements

Course Taken	Book Title	Author	# of Pages Read

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PROCTOR SHEET

Dear Proctor,

All quizzes and exams are closed book. Please allow ample time for the student to take his/her quiz or exam. Please initial each paper as it is completed; also initial the appropriate space below. Some courses may have more quizzes than others. The student will tell you how many there are in each course that you proctor.

A proctor's responsibility is to monitor the student while they answer quizzes and exams. It is not your responsibility to grade the student's papers.

We want to thank you for you time and interest in the student.

Student's Name _____

Title of Course _____

Quiz #1 _____ Quiz #2 _____ Quiz #3 _____

Quiz #4 _____ Quiz #5 _____ Quiz #6 _____

Quiz # 7 _____ Quiz #8 _____ Quiz #9 _____

Midterm Exam _____ Final Exam _____

Proctor's Signature _____

Your Servant in Christ,

Student Records Representative

CCS -101 Christian Counseling 100

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International College of Bible Theology